

## God of... Week 8 -Discussion Guide

### Connect

**Ice Breaker:** If you could wrestle with one everyday challenge and come out victorious, what would it be?

**Talk About It:**

On the heels of our doubt and brokenness, we can talk hold of God's promises and purposes for our life.

**Key Passages:** Genesis 25:22-23, 27:41, 31:3, 32:1-13, 22-31, 50:20, Hebrews 13:5, Romans 5:3-5, 8:28, 2 Corinthians 1:20, 2 Timothy 1:7, Ephesians 6:12

1. How do you usually respond when you feel overwhelmed by life's difficulties?
2. What can we learn from Jacob's prayer in Genesis 32:9-12 about how to approach God in our struggles?
3. What are some everyday challenges or struggles you face that feel like wrestling matches?
4. What promises of God do you find most encouraging when you're in the midst of a struggle?
5. In what ways can Jacob's story inspire you to wrestle with your own faith and challenges?

### Protect

As a group, pray for humility and openness to let God into the areas where we are struggling the most.

### Grow

**Action Steps:** This week, reach out to a trusted friend or mentor to share your challenges or struggles and ask for their prayers and support.

**Connect.**

**Protect.**

**Grow.**