

Soundtracks Week 2 -Discussion Guide

Connect

Ice Breaker: If you could create a “victor soundtrack” for your life, what song would be your anthem and why?

Talk About It:

Turn down, I am abandoned. Turn up, I am loved and chosen. (1 Corinthians 6:19-20)

Turn down, I am unworthy. Turn up, I am bought with a price. (John 3:16)

Turn down, I am useless. Turn up, I am made with a purpose and plan. (Ephesians 2:10)

Turn down, I am a failure. Turn up, I am more than a conqueror. (Romans 8:37)

Key Passages: Romans 8:35,37-39, 12:1-2, 1 Corinthians 6:19-20, John 3:16, 16:7, Ephesians 2:10, Acts 1:8, 1 Kings 18 & 19

1. Do you believe you can control your thoughts and feelings in your daily life? Why or why not?
2. How does John 3:16 shape your understanding of your worth and God's love for you?
3. How do the soundtracks in your mind shape your daily actions and attitudes?
4. What purpose and plan does Ephesians 2:10 suggest God has for each of us?
5. How can we allow God to transform our mind's soundtracks to align more with His truth?

Protect

As a group, pray for the Holy Spirit to transform the soundtracks of our minds to align with God's promises.

Grow

Action Steps: This week, identify one negative soundtrack in your mind and replace it with a positive truth from God's Word.