



The Power of a Goby- Discussion Guide

Connect

Ice Breaker: Use StoryCards to share a time when you faced an obstacle that initially seemed insurmountable but eventually, you overcame it. What was the situation, and how did you deal with it?

Talk About It:

God is working for our good. Even in the midst of our mental health struggles, God is at work, using these challenges to shape us and to fulfill His purpose.

Other Scripture Passages: John 8: 32, 2 Corinthians 12: 7-9, Romans 8:28

1. In what ways have you seen or experienced the lies mentioned in the sermon (There's something wrong with God, There's something wrong with me)?
2. How has the truth set you free in your own life?
3. How have your own weaknesses or struggles allowed you to experience God's strength and grace?
4. In what ways have you seen God working in your life, even in difficult circumstances?

Protect

Weaknesses and struggles aren't signs of God's absence, but rather opportunities for us to experience His strength and grace in a deeper way. Pray for God's strength and grace to be felt deeper this week by your family, members in your group, and those you come in contact with this week.

Grow

Action Steps: This week, make a daily practice of countering the lies you fight with the truth of God's word. Each time a negative thought arises, find a scripture that speaks to that specific fear or doubt. Write it down and meditate on it throughout the day. Encourage one another by sharing these experiences in your next small group meeting.