



# GROUP GUIDES

## WEEK FOUR- LEAVE THE LIGHT ON



### Sentence

When it's time for a recharge, return to the One in charge.



### Story

Share a time when you lost hope—in yourself, others, or even God.

“What was happening in your life?”  
“What caused these feelings?”  
“What brought you back?”



### Set-Up

#### Psalm 23

This Psalm is an affirmation of the peace and comfort we have in God. Our Provider gives us hope, even when our lives feel hopeless.

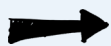
Read [Psalm 23:4](#)

When have you found God's comfort in your darkest moments?



### Search

Read [Colossians 1:9-14](#)



#### Verse 9

Who do you need to pray to receive “all the wisdom and understanding that the Spirit gives?”

Who in your life prays these things over you?

Who can you add to your circle of prayer?



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### Verse 10

How can we continue doing good work when you are in a season of darkness?

What do difficult seasons teach us about God?



### Verses 11-12

How can we develop "great endurance and patience" to last you through seasons of hopelessness?

How do we hold on to joy when darkness surrounds us?

What reminds you of joy and light when you are in darkness?



### Verses 13-14

How has God rescued you before?

What does the reminder of the cross mean to you when you feel hopeless?



### Solution

1. How will you begin to see dark days through God's perfect eyes and plan?

Spend time in Scripture every day (*commit to reading through all 176 verses of Psalm 119*)

Grow your circle of prayer, adding new people  
(*maybe from this group who can pray for you as you pray for them*)

Pray **Colossians 1** over those in need

Memorize **Psalm 23:1-4**

Other \_\_\_\_\_



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Read **Jeremiah 29:11**

What does this promise from God mean for you?

2. How will you shine a light on God's power and presence in your life?

- Place physical reminders in your home of verses that affirm the promises of God (i.e. verses from **Psalm 119**)
- Try writing your own Psalm that recounts a time of darkness from which God comforted or delivered you
- Memorize **Jeremiah 29:11**
- Other \_\_\_\_\_



### **Send Out**

Break into groups of 2-3 (same gender if a coed group), discuss how God has walked with you through the darkness. Plan to connect with each other in-person, call, or text this week.

Pray together.