



# GROUP GUIDES

## WEEK TWO-

### SEE THE LIGHT



### Sentence

When it's time for a recharge, return to the One in charge.



### Story

Share your favorite comeback story of all time.

"Is this your story or someone else's?"

"What changed for them?"

"Why is this story your favorite?"



### Set-Up

Psalm 23

Christ offers living water to restore our souls. Therefore, we have a place to go to be reclaimed, recleaned, and restored.

Read [Psalm 23:1-3](#)

Have you ever allowed God to lead you on the right path?



### Search

Read [Romans 8:1-4](#)



### Verse 1

In Greek, condemnation is katakrima, the word from which we derive "criminal." Because of Jesus, we are no longer criminals.

What does this level of innocence mean to you?

How can you accept the freedom that Christ offers you from sin?



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#### Verse 2

How do you understand the law of the Spirit (*after Jesus*)?

What was the law of sin and death (*before Jesus*)?

Are you living under the law of the Spirit or of sin today?



#### Verse 3

Paul reminds us that the flesh is weak, but sometimes, temptation and sin can feel overwhelmingly strong.

How can you affirm the power of the Spirit?

How can you keep the weakness of the flesh in submission to the power of God's Spirit?



#### Verse 4

Jesus bore the law of sin in his flesh, now we can experience the law of Spirit in ourselves

How can you live in righteousness after submitting to Christ?

How do you follow both the law and the freedom of the Spirit?



#### Solution

1. How will you grow in self awareness of both your sin and your forgiveness of it this week?

Confess the ways you have failed (*Read and daily meditate on 1 John 1:8-9*)

Offer yourself the full forgiveness you already have in Christ

Ask Holy Spirit for help searching your heart (*Read and daily meditate on Psalms 139:23-24*)

Other \_\_\_\_\_



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Read **Psalm 23:1-3**

2. How will you allow God to refresh your soul?

- Confess your weaknesses to God (*Read and daily meditate on 2 Corinthians 12:9-10*)
- Find an accountability partner (*maybe someone in your group and connect with them daily*)
- Memorize **Psalm 23:1-2**
- Other \_\_\_\_\_



### Send Out

Break into groups of 2-3 (same gender if a coed group), discuss ways you can come back from failure. Plan to connect with each other in-person, call, or text this week.

Pray together.